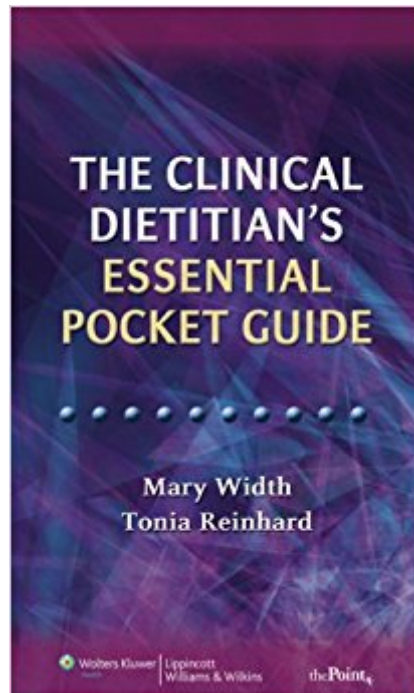


The book was found

The Clinical Dietitian's Essential Pocket Guide



Synopsis

The Clinical Dietitian's Essential Pocket Guide is an up-to-date, concise pocket-sized reference that clinical dietitians can tailor to their own practice. Part I covers nutritional assessment, life stage assessment, and nutrition support. Part II addresses nutrition considerations for specific diseases—cancer, cardiovascular disease, diabetes, gastrointestinal diseases, liver and pancreatic diseases, renal diseases, and pulmonary diseases. Appendices on food-drug interactions, laboratory assessment, and useful reference materials are also included. Within each disease chapter, a uniform format includes sections on disease process, treatment and nutritional intervention, and patient education. Blank pages in each chapter allow users to add their own notes or references.

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Customer Reviews

This is the best clinical reference for RDs available! I am a dietetic intern and this is the fourth pocket reference book I have bought, it is by far the best one! I wish that I had heard of this book before I bought the other three reference books I have. There are tabs on the sides which help you easily refer to different chapters (renal, pediatric, etc). There is also a section on lab values in the back which is VERY helpful. It easily fits into a lab coat pocket. I use this book almost daily in my clinical rotations and I highly recommend it!

I have been an RD for 30 years and need the latest on nutrition recommendations in a quick and

easy pocket guide. This little book fits the bill but the pages easily came out of the center binder on the first use. I use the book regularly but am careful when I turn pages.

I got this book in addition to 5 other pocket books. My clinical rotation gave me a lot of information for that particular hospital, and I still referred to this book A LOT! It has almost everything. I did find the RDs thought some of the quick calorie estimates to be a bit high and liberalized. My preceptors were more on the conservative side. It really depends on the hospital/RD you are with. Overall, I know I will still be using this while I get established and am very happy with it.

This book wasn't required for any of my nutrition classes but it was very useful to have. It has all the important numbers and risk factors, major drug/nutrient interactions, and a lot of helpful medical nutrition therapy information.

I am an RD who purchased this book for hospital use. I highly recommend it! The book provides specific recommendations for nutrition support, including tube feedings. It has space for notes. I doubt I will use my heavy binder ever again! I prefer this guide to the ADA pocket guide. I found that the ADA guide did not have much information that I actually needed on the floors. This guide, however, contains specific info that I will use!

It's useful at first for my clinical rotation. After being at the hospital for awhile, they have their own protocols and this is no longer needed. But it is a good quick reference for background info on diseases.

Reading this book, I'm seeing that the authors require their students to create their own pocket guides, and as a nutrition student who will be graduating in a month I've found this to be tremendously helpful, well organized. I plan to put my own notes into the book to make it more useful to my uses for it. I can't compare it to other options, since this is my first one, but I'm very happy with it and it's a great learning tool. It has a flap to use as a bookmark, and although yes, the pages are thin, it's not much different than using a bible. The cover protects the pages very well.

The pages in this manual are thinner than newspaper. They start to rip when I (very gently!) flip through it. Expected much better since I paid over \$40 for this tiny book. Info is just okay, estimations seem off for certain calculations (fluid needs, a few others). It's just okay. What's the

point of having a pocket guide that is too delicate to carry around and use as a reference?!

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